



Understanding Personal Care in Kentucky

In the Commonwealth of Kentucky, a Personal Care community is part of a healthcare continuum of care that includes Personal Care communities, Assisted Living communities and Nursing Homes. Personal care communities are **licensed** by the Commonwealth of Kentucky through the Kentucky Cabinet of Health Services, while Assisted Living communities are **certified** (not licensed) by the Kentucky Department for Aging and Independent Living. A Personal Care community will often allow the resident to “**age in place**” **longer** before a higher level of care may be required, i.e., a nursing home. The greatest difference between Personal Care and Assisted Living relates to **nursing oversight and medication management**, which is provided at a Personal Care community.

A Morning Pointe Senior Care Residence is a Personal Care community. Individuals will find well-appointed, upscale, private apartments that are available on a monthly rental basis. The community provides three meals a day and snacks, housekeeping, transportation and laundry services. Residents can receive assistance with Activities of Daily Living, which include bathing, dressing, grooming, toileting, eating and ambulation/

transferring. It is important to understand some key differences in the Personal Care services offered at Morning Pointe communities compared to services at Assisted Living communities. These differences are as follows:

- Morning Pointe has **licensed nurses** who practice within the scope of their licensure. Morning Pointe also has a Resident Services Director, a licensed nurse, who oversees all nursing and clinical aspects of our services. (Assisted Living **does not offer** nurses or nursing oversight.)
- Morning Pointe **can provide** medication management and administration, **including** the authorization to communicate with physicians and pharmacies, as well as administer ear and eye drops and nebulizer treatments. (Assisted Living can only offer assistance with medication reminders and, with permission of the resident or their responsible party, can set up pill minders, read labels and help open and/or store medication. It **does not allow** any employee to determine dosage, administer injections or other medications, advise the appropriateness of a medication, or take physician orders for or changes in medications.)
- Morning Pointe **provides** monthly Wellness Assessments, **including** weight and vital signs oversight, and our nurses intervene with the physician if a concern is noted. Nurses **provide** oversight of all resident care, **including** calling physicians for orders. (Assisted Living employees can only do first aid and then call 911. If they take a blood pressure reading, they **cannot** make recommendations, interpret readings or contact a physician.)
- Morning Pointe **can provide** diabetic management, **including** blood sugar checks and insulin injections along with healthcare monitoring and oversight. (Assisted Living **does not provide** these services.)



- Morning Pointe **can provide** for in-house labs and x-rays through other organizations. (Assisted Living **does not provide** these services.)
- Morning Pointe **maintains** resident charts and medication records, which assists in tracking medication use, abuse or theft. (Assisted Living **does not provide** these services.)

For veterans and/or their spouse, many costs associated with Personal Care are often covered by VA benefits if the veteran meets the VA criteria. Contact your local VA representative for more information on VA benefits, and Morning Pointe would be pleased to help you access their system to begin the application process.

While most long-term care insurance policies cover Personal Care services as part of the service plan, few cover Assisted Living in the Commonwealth of Kentucky because they lack the clinical (nursing) oversight and planning component of care. Morning Pointe encourages you to discuss the particulars of your plan with your insurance company before making a decision on the appropriate level of care for your situation and is available to help you with this process.

Morning Pointe encourages you to visit Personal Care and Assisted Living communities in the area to help thoroughly understand the scope of services

offered to seniors and their families. We realize how difficult a move is for any person, especially seniors, and we would be pleased to discuss the depth of healthcare services offered at our Personal Care community. Our goal at Morning Pointe is to provide a comfortable, safe and secure environment that will allow for "aging in place" to minimize the likelihood of future moves. We are confident that you will find Morning Pointe Senior Care to be the residence of choice.

This information is only a brief overview of Personal Care services and is not meant to be all-inclusive. For more information, contact our Morning Pointe executive director.

For Generations To Come



For more information on our services contact:

The Lantern at Morning Pointe of Frankfort

66 C. Michael Davenport Boulevard
Frankfort, KY 40604
502-226-7118 • 502-226-7119 fax

www.morningpointe.com

We look forward to serving you!

Written information relating to this community or facility's services and policies is available upon request.



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For more information on our services contact:

Morning Pointe of Frankfort

851 Cardwell Lane
Frankfort, KY 40601
502-226-5888 • 502-226-4367 fax

www.morningpointe.com

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For Generations To Come



For more information on our services contact:

Morning Pointe of Richmond

1400 Gibson Bay Drive
Richmond, KY 40475
859-626-5000 • 859-626-8543 fax

www.morningpointe.com

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For Generations To Come



For more information on our services contact:

Morning Pointe Ridge

1000 Addington Drive
Russell, KY 41169
606-833-1120 • 606-833-1129 fax

www.morningpointe.com

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For more information on our services contact:

Morning Pointe of Lexington

233 Ruccio Way
Lexington, KY 40503
859-554-0060

www.morningpointe.com

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