

RIDGE
Morning Pointe
Senior Care
Residence

1000 Addington Drive • Russell, KY 41169 • (606) 833-1120

May 2012

Ridge's Management Team



Kim Hess

Executive Director

Kim Meadows

Executive Assistant

Cindi Czeskleba

Life Enrichment Director

Lindsay Brown

Lantern Program Coordinator

Jessica Johnson

Dining Services Director

Jim Adams

Maintenance Director

Lisa Willis

Housekeeping Director

Keeping Our Minds Sharp

Here at Morning Pointe Ridge, many of our activities are geared to exercise our brains while still having fun! It doesn't take mind-numbing study to keep your brain active.



Cindi Czeskleba leads a group session of Crossword Puzzle.

We play games such as Bingo, Dominoes, Scrabble and Scattergories. A favorite activity on the Personal Care side is Crossword, done as a group. Everyone goes away from a session of Crossword having learned something new. Another favorite is Find A Word. Looking at a phrase or long word, we see

how many words we can make from the letters contained therein. It is always fun to count the number of words made at the end! Lantern residents see how many words they can think of that begin with a specific letter. Word search games and brain teaser worksheets are left out for residents to do during down times. When your mind is sharp, your memory will become better, you may increase your productivity and creativity, and, quite simply, enjoy a better, more fruitful life.



Ernestine Cochran concentrates on BINGO.



Be sure to check our website and facebook page often for new pictures and stories!



Celebration of Spring!

Family Night will be **Tues., May 15** at 5 in Lantern, 5:30 for the senior care side. **RSVP by May 7.** 606-833-1120 or ridgelantern@morningpointe.com or ridgeactivity@morningpointe.com.



Find us on facebook



Kim's Korner

I want to say a special congratulations again to our first *Exceeding Expectations* winner at Ridge, Laverna Terry. I am so proud of Laverna and her work at our senior care community. She is so deserving of this special award.

I want to also remind everyone that *Exceeding Expectations* is an ongoing association recognition program. So please, be sure to continue to vote. We will recognize our 2nd quarter winner at the beginning of July.



Executive Director, Kim Hess, pins Laverna Terry in recognition of winning the *Exceeding Expectations* award during our Easter family dinner.



Easter Happenings

Easter was a busy time for our residents and their families. The residents enjoyed Easter activities and we had a full house for dinner the day before Easter.



The kids had a great time hunting for Easter eggs.



Lantern residents Clara Hodges, Frances Tompert, Pauline Williams, JoAnne Porter and Patty Armstrong hold up the eggs they colored.

After a wonderful meal, the children rushed into the courtyard for a lively egg hunt. Drew Sorrell was the winner, having collected 37 eggs!



C.D. and Emma Jean Campbell enjoy each other's company at the Easter dinner.



Laverna Terry Exceeding Expectations Winner



Congratulations to Laverna Terry for being the first winner of the *Exceeding Expectations* award at Morning Pointe Ridge! Laverna has worked in this field for years, but has only been with us for six months. Despite her short time here, she has made a great impact. Laverna

always has a bright smile and kind words for residents and staff alike. She is willing to help anyone in any way she can. She goes above and beyond to see that the needs of our residents are being met. Laverna's kind and caring nature puts families at ease. Knowing she is on duty helps families know their loved one is being well cared for. Laverna was recognized and presented with a special *Exceeding Expectations* lapel pin during our Easter family dinner. We extend our most heartfelt congratulations to Laverna.



Resident Spotlight

Chris Caudill



Our Resident Spotlight this month shines brightly on Chris Caudill. Chris was born in Louisa, KY to parents Jay Frances and Marie Preston. She was tenth in line among seven brothers and six sisters. The kids had plenty to keep them busy on the family farm, but always had time for fun. "I was the meanest one in the bunch," says Chris. All the kids were expected to help with the gardening, each other and other chores. "With a family that big, everyone had to help." Some of her favorite memories are from times spent playing 'Hide and Seek' with her siblings. Their father was a minister, so the family spent a lot of time in church where Chris sang and played the organ. She met her husband when he came to live with his aunt and began attending the same church and school as Chris. Love bloomed and she married

Gerald Caudill when she was 21. Chris continued her education by graduating from secretarial school and embarked on a career working for various companies such as Nationwide Insurance, Jeffrey Manufacturing Company and Ashland Oil. She also worked for the government while Gerald was in the Army. Gerald was a truck driver and together they moved several times, living in Texas and Alabama. When she wasn't working, Chris sewed her own clothes, quilted and honed her skills as a cook. She has a soft spot in her heart for all animals, especially dogs. Chris is a wonderful woman who enjoys the company of the other residents and staff, going out to eat, playing bingo and going for scenic drives. She greets us all with a warm smile and a friendly greeting. We are blessed to have such a pleasant personality as part of our Morning Pointe family.



Chris at her graduation from secretarial school in 1959.



Visitors



A group from the Flatwoods Baptist Church accompanied by resident Eunice Stanley.



The Saints Alive Choir provided music at the lunch hour.



Ed Meadows and Drew Miller help Lantern residents Rosemary and Patty prepare the raised planting beds.



Morning Pointe employee and Mary Kay consultant, Hope Peffer along with her daughter, Hollie, and two of her fellow consultants, Marjorie Riggs and Hazel Esham spend the afternoon giving our residents makeovers.



Rosemary McGuffin uses her talents to make wreaths for the Lantern. Rosemary exhibits her creative side in many different ways—painting, writing poetry, and sketching are a few of them.



1000 Addington Drive, Russell, Kentucky 41169-1836